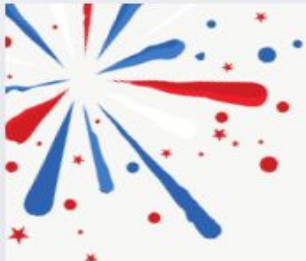




***Liberty Elementary School***  
***Newsletter***  
***November Edition***



## **Mission**

**Liberty Elementary School will ignite a lifelong love of learning in ALL students through engagement, relevance, and authenticity, fostering personal and academic growth.**

## **Vision**

**To ignite, engage, and educate,  
every student,  
every day.**



# Important Dates

|                           |                                                        |
|---------------------------|--------------------------------------------------------|
| <b>November 3</b>         | <b>PBIS Attendance Challenge Begins</b>                |
| <b>November 6</b>         | <b>Liberty's "Fall into a Good Book" Reading Night</b> |
| <b>November 12</b>        | <b>½ Day 10:45 Dismissal</b>                           |
| <b>November 13</b>        | <b>World Kindness Day</b>                              |
| <b>November 18</b>        | <b>Picture Retake Day!!</b>                            |
| <b>November 26th-28th</b> | <b>Thanksgiving Break-No school for students</b>       |

## From the Desk of Mrs. Gouard

**There are many benefits your child may gain from arriving on time to school.**

***Did you know?***

The likelihood of success in learning is strongly linked to strong participation in school programs, which is linked to arriving on time.

Students arriving to school with time to spare have the luxury of settling in, greeting their teachers and classmates, selecting preferred classwork, and focusing their minds on the lessons to come. Students arriving late miss out on this natural transition period, and chronic tardiness may cause students to struggle with academic focus and relationships with peers. Showing up on time to school every day can help students develop the habit of being punctual, illustrates to them your commitment to their learning and friendships, and helps reduce classroom interruptions and distractions for all students. Missing just 15 minutes of school twice a week equates to 3 missed school days per year!

## From the Desk of Mrs. Gouard

For the month of October:

Amount of tardies by grade level:

Kindergarten-38

Grade 1-37

Grade 2-66

Grade 3-54

Grade 4-68

There were 263 tardies in the month of October.

These tardies were accomplished by 71 students.

Tardiness is a disruption to the educational setting!

Please bring your students promptly to school at 7:35.

# What's Your W.I.G.????

A W.I.G. is a “wildly important goal!”

We are focused on being our best selves and bettering our reading abilities. So, everyone in the building has a goal.

Liberty's goal is to have at least 25% of students in 1st-4th grades score at or above the 60th percentile on their reading Fastbridge Tests.

Your child's teacher has a more specific classroom goal to help us achieve our building goal.

AND your child has an individual goal that they set for themselves! Ask your child what their goal is. Are they on track to reaching their W.I.G.???

## College and Careers begin in Kindergarten!

Thank you for everything you do to help your child grow and learn! We enjoyed seeing so many families at our Parent-Teacher Conferences and look forward to connecting soon with those who couldn't make it. Continue to watch for announcements on Class Dojo and on Liberty's Facebook page for upcoming events.

In the Kindergarten classroom, we will continue to learn letter sounds and words during the month of November. In CKLA, our Language Arts program, we will explore a variety of texts as we learn about plants in Unit 4 and farms in Unit 5. We will also briefly learn about both Veterans' Day and Thanksgiving this month. Our math lessons will focus on numbers, counting, and quantities. As we finish Module 1 in our Eureka Math program, we will start to work with the foundation of adding and subtracting by practicing the concepts of 1 more and 1 less. Please continue to help your child at home as we work toward our goal of counting to 100 by 1s and 10s.

As we move through fall, we ask that you make sure your child is dressed for cold weather each day. Recess will be spent playing outside as often as possible, even in the winter, so it is important that students wear appropriate cold-weather gear. Coats, hats, and gloves should all be labeled with your child's name, as we often see duplicates. Please help your child practice zipping up that winter coat, putting on their own gloves, and tying their own shoe laces. These skills help save so much time when children can take care of it independently!

Your Kindergarten Team,

Mrs. Greer, Ms. Talbott, and Mrs. Welsch

# First Grade News

Welcome to November!

Our first grade classes have been very busy learning. In reading, we are blending sounds, memorizing our trick words, and writing sentences. We are also practicing our reading fluency as we read lots of books! We are continuing our Trick Word and Accelerated Reader competition. The kids have been extremely motivated and excited about our competitions! In Math, we are working hard to memorize our addition math facts and soon we will be introducing subtraction. Please practice these skills with the flashcards that have been provided.

Check your child's AVID Folder & Dojo daily. This is an excellent way to keep in touch with your child's teacher!

Special days coming in November include our Liberty Reading Night on November 6th and Veteran's Day. We will be celebrating our Veterans by making cards to hand out to each Veteran!

Please make sure to contact your child's teacher if you have any questions or concerns! November is shaping up to be a wonderful month! We are so very thankful for your children!

Your first grade team,

Mrs. Doggett, Mrs. Lawhorn, and Ms. Armstrong





## Second Grade News

The Second-grade teachers and students would like to give a “Shout Out” to the Danville Fire Department. Our Fire Safety Day was wonderful and the students displayed self-control and respect while interacting with the firefighters. We would also like to thank the families that attended parent-teacher conferences.

Also, please be sure to encourage your child to read their AR book every night. Students should begin taking Accelerated Reader tests every week!

Parents, please be sure to check your child’s homework folder every night and make sure that it is returned to school the next day!

Mrs. Boyer, Mrs. Carlton, & Miss Dye

# Third Grade News



It was great to see so many of you at Parent-Teacher Conferences! If you were unable to attend your child's conference and have questions about their report card, please contact us.

We will finish Module 2 in math at the beginning of this month. This unit covers time, measurement, estimation, and 3-digit addition and subtraction with regrouping. Please practice skip counting by 6's, 7's, 8's and 9's to help your student begin to master the new multiplication facts they will learn in Module 3. Module 3 is Multiplication and Division with Units of 0, 1, 6-9, and Multiples of 10. Students should be fluent with 2's, 3's, 4's and 5's facts at this time. Please practice them at home. Also, review addition and subtraction facts with your students.

In reading, we will be completing a unit on The Human Body. Please make sure your child is reading every evening and is ready for an AR test the next day. We have a few (less than 5) in the 10-point club. Almost everyone should have already reached this milestone. To become a better reader, students should be reading at home every day for at least 20 minutes.

Thank you for all you do!

Mrs. Swafford, Mr. Parker, & Mr. Parker

## Fourth Grade News

Good day 4<sup>th</sup> grade families,

November is almost here, and the holiday season will be here soon! Mrs. Cash, Mrs. Isenhower, Miss Hall and Mr. Pettit are looking forward to watching those minds grow. We are currently working on “Zones of Regulation”, it is part of our Social/Emotional curriculum. In a nutshell, it is focusing on the 4 zones that we feel often daily. The movie that best represents these zones and feelings is “Inside Out”.

Please take the time to accept your Dojo invitations if you haven’t already; that is the best way to communicate with families. Fourth graders are expected to know their multiplication math facts and read for 20-30 minutes every night.

We are continuing our Wildly Important Goals or WIG for short. Their goals range from words per minute, AR tests and Fastbridge improvement. We will continue to work on personal narratives in writing as well as RACE. We are still working on our Reading Unit on the The Middle Ages.

In math, we are starting our long unit on multiplication and division. We will continue to review place value, rounding, and 3 to 6 digits adding and subtracting with regrouping.

Your 4th Grade Team,

Mr. Pettit, Mrs. Cash, Mrs. Isenhower, and Miss Hall



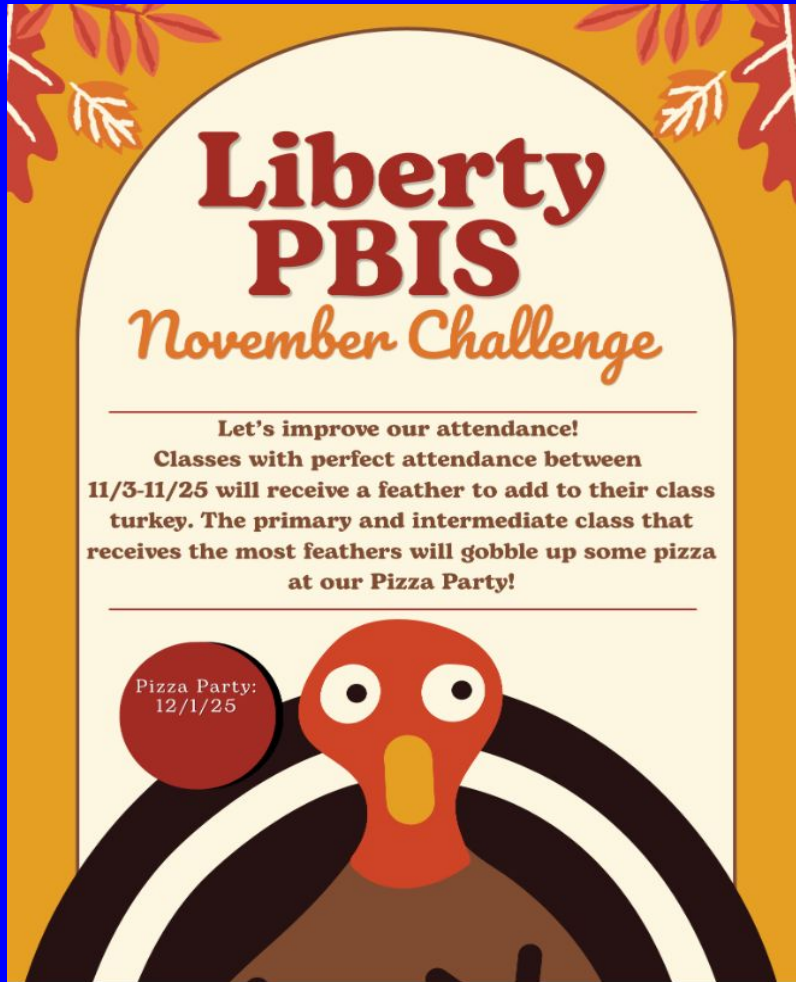
# AVID News

Collaboration is our focus! Collaboration is working together and being able to communicate with a partner using active listening. We are using the strategy philosophical chairs.

Philosophical Chairs is where the students form two lines depending on if they agree with a question or disagree. Then, the students take turns stating their reasons for their opinion. Students listen to each other and at the end they can decide if they want to change their opinion based on the reasons they've heard. All students in K-4<sup>th</sup> learn how to do this. It is a processing skill that will help them as they get older.



# Positive Behavior Interventions and Supports (PBIS)



# Social Emotional Learning (SEL)

In our Social Thinking lessons we are building upon our zones of regulation with learning about tools for our regulation toolbox. We are learning strategies or “tools” that we can all use to help regulate our emotions in the different zones.

## ? WHY IS IT IMPORTANT?

Regulation is an important skill that helps us manage life's ups and downs. It supports our ability to work, to interact with others, and to feel more comfortable throughout our day. To put it another way, regulation supports our well-being.



# Social Emotional Learning (SEL)

## Mindfulness and breathing

- **Deep breathing**: Simple techniques like the 4-7-8 method (inhale for 4, hold for 7, exhale for 8), deep belly breaths or box breathing can calm the nervous system.
- **Mindfulness**: Practice focusing on the present moment and body awareness to regulate your responses.
- **Grounding techniques**: Focus on sensory input, like the feeling of your feet on the ground, to bring yourself back to the present. Students have learned about 5-4-3-2-1 grounding

## Physical and sensory tools

- **Physical activity**: Engage in vigorous exercise or, for calming, gentle movement. Examples include high-intensity interval training or a walk in nature.
- **Sensory tools**: Use items like stress balls, stretchy noodles, or fidget toys to provide a sensory outlet for movement or touch.
- **Stimulating senses**: Engage your senses with strong smells (cinnamon oil), sounds (high-energy music), or textures (crunchy food) to help "wake up" the brain.



## Cognitive and behavioral tools

- **Label emotions**: Learn to identify and name your emotions to better understand and manage them.
- **Cognitive reappraisal**: Change the way you think about a situation to alter its emotional impact.
- **Goal-setting and self-monitoring**: Set clear goals and track your progress to improve self-control.
- **Problem-solving**: Develop skills to address the root cause of difficult situations.

## Environmental and lifestyle tools

- **Calm-down corner**: Create a designated calm space with comforting items.
- **Daily routines**: Structure your day to create a sense of stability and predictability.
- **Creative outlets**: Use activities like drawing, writing, or music to process and express emotions.
- **Sleep**: Ensure you get enough sleep, as it is essential for physical and mental health.





# A note from the Nurse's Office:



Hello Families,

As we move into November, the weather is getting cooler, and our days are filled with exciting activities and holidays. It's a great time to focus on keeping everyone healthy and safe at school and at home.

## **Cold & Flu Season Tips:**

- Handwashing is the best defense! Encourage your child to wash hands often, especially before eating and after coughing or sneezing.
- Cover coughs and sneezes with tissue or elbow.
- Keep sick kids home. If your child has a fever, vomiting, or diarrhea, please keep them home until they are symptom-free for 24 hours without medication.

## **Cold Weather Reminders:**

Please send your child with coats, hats, and gloves. We still go outside for recess when possible, and it's much more fun when everyone is warm and cozy! Labeling outerwear with your child's name helps us return lost items quickly.

November reminds us to pause and appreciate the small things including a warm classroom, a helping hand, and the laughter of our students. Thank you for making our school a place filled with care, gratitude, and learning.

Kaitlin Leek, RN

# Home Program Intervention Coordinator

Happy Fall!

We have made it to the second quarter!

As cold and flu season are upon us, please be sure to call in any absences for your child. Please call 217-444-3000 to report an absence. If you need to call before or after school hours, it is fine to leave a message for Mrs. Long. Please also remember students who arrive after 7:45 are considered tardy. When the staff at the car rider line head inside, you need to drive students around to the front of the building and sign them in. The car rider line is from 7:35-7:45.

I have hygiene items for students in need. Feel free to contact me if your family or student is in need. I also have extra school supplies if your student is in need of anything. Please feel free to contact me if you have any questions. If I can't help you, I will try to find someone who can!

Mrs. Funk, Home Liaison

217-444-3021

# Home Program Intervention Coordinator

**Here Today, Ready for Tomorrow!**

GOOD SCHOOL ATTENDANCE MEANS...



**ELEMENTARY STUDENTS**  
read well by the  
end of third grade



**MIDDLE SCHOOLERS**  
pass important  
courses



**HIGH SCHOOLERS**  
stay on track for  
graduation



**COLLEGE STUDENTS**  
earn their degrees



**WORKERS**  
succeed in  
their jobs

Too many absences—excused or unexcused—can keep students from succeeding in school and in life. How many are too many? 10% of the school year—that's 18 missed days or 2 days a month—can knock students off track.



**READY FOR COLLEGE, READY FOR CAREERS, READY FOR LIFE**

# NOVEMBER | 2025



## K-8 Breakfast Menu

| MONDAY                                                                                                                                   | TUESDAY                                                                                                                         | WEDNESDAY                                                                                                                   | THURSDAY                                                                                                                              | FRIDAY                                                                                                        |
|------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------|
| <b>3</b> Strawberry Cream<br>Cheese Bagel<br>Graham Crackers<br>Strawberry Applesauce<br>100% Fruit Punch Juice<br>Skim or 1% White Milk | <b>4</b> Mini Blueberry Waffles<br>Sausage Link<br>Fresh Apple<br>100% Apple Juice<br>Skim or 1% White Milk                     | <b>5</b> Turkey Sausage<br>Pizza Bagel<br>Fresh Orange<br>100% Orange Juice<br>Skim or 1% White Milk                        | <b>6</b> Super Donut<br>Strawberry Banana Yogurt<br>Banana<br>100% Very Berry Juice<br>Skim or 1% White Milk                          | <b>7</b> Pancake Sausage<br>Sandwich<br>Fresh Grapes<br>100% Strawberry Kiwi Juice<br>Skim or 1% White Milk   |
| <b>10</b> Apple Cinnamon<br>Texas Toast<br>Plain Applesauce<br>100% Fruit Punch Juice<br>Skim or 1% White Milk                           | <b>11</b> Powdered Donut<br>Hole Cluster<br>Strawberry Go-gurt<br>Diced Peach Cups<br>100% Apple Juice<br>Skim or 1% White Milk | <b>12</b> Homestyle Blueberry<br>Bread Slices<br>Sausage Patty<br>Fresh Apple<br>100% Orange Juice<br>Skim or 1% White Milk | <b>13</b> Cinnamon Oatmeal<br>Round Bar<br>Mozzarella String Cheese<br>Fresh Orange<br>100% Very Berry Juice<br>Skim or 1% White Milk | <b>14</b> Egg and Cheese<br>Biscuit w/Jelly<br>Raisins<br>100% Strawberry Kiwi Juice<br>Skim or 1% White Milk |
| <b>17</b> Cinnamon Caramel Roll<br>Cinnamon Applesauce<br>100% Fruit Punch Juice<br>Skim or 1% White Milk                                | <b>18</b> Mini Chicken Patty<br>on Biscuit w/honey<br>Fresh Apple<br>100% Apple Juice<br>Skim or 1% White Milk                  | <b>19</b> Cinnamon Waffles<br>Turkey Sausage Patty<br>Fresh Orange<br>100% Orange Juice<br>Skim or 1% White Milk            | <b>20</b> Banana Muffin<br>Vanilla Yogurt<br>Banana<br>100% Very Berry Juice<br>Skim or 1% White Milk                                 | <b>21</b> Breakfast Pizza<br>Frozen Berry Cups<br>100% Strawberry Kiwi Juice<br>Skim or 1% White Milk         |
| <b>24</b> Sliced Blueberry Bread<br>Strawberry Yogurt<br>Blue Raspberry<br>Applesauce<br>100% Fruit Punch Juice<br>Skim or 1% White Milk | <b>25</b> Variety Cereal<br>Colby Jack Cheese Stick<br>Fresh Apple<br>100% Apple Juice<br>Skim or 1% White Milk                 | <b>26</b>                                                                                                                   | <b>27</b>                                                                                                                             | <b>28</b>                                                                                                     |

**NO SCHOOL  
THANKSGIVING BREAK**

10.31.25



**Menu Subject to  
Change**  
**The Interactive  
Menu**  
**linqconnect.com**  
**has Real Time  
Updates**

Served Daily:

Cold 1% White Milk  
Cold Skim White Milk  
Lactose Free Milk

For Questions Regarding  
This Menu, Please  
Contact:  
Zetta Piggott  
Director of Food Service  
217-444-1070

[PiggottZ@Danville118.org](mailto:PiggottZ@Danville118.org)

# NOVEMBER | 2025

## K-8 Lunch Menu



**Subject to Change: The Interactive Menu [Linqconnect.com](http://Linqconnect.com) Provides Real Time Updates**

| MONDAY                                                                                                                                               | TUESDAY                                                                                                                                        | WEDNESDAY                                                                                                                                       | THURSDAY                                                                                                                                                                    | FRIDAY                                                                                                                    |
|------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| <b>3</b> Popcorn Chicken Bowl<br>w/Mashed Potatoes,<br>Gravy, Corn<br>Sliced Bread<br>Fresh Orange                                                   | <b>4</b> Turkey Taco<br>Shredded Cheese, Salsa<br>Lettuce, Sour cream<br>Spanish Rice<br>Pinto Beans<br>Baby Carrots w/ranch<br>Sliced Peaches | <b>5</b> Baked Potato<br>w/Homestyle Chili,<br>Shredded Cheese,<br>Sour Cream, Butter<br>Dinner Roll<br>Fresh Broccoli w/ranch<br>Diced Pears   | <b>6</b> BBQ Pulled<br>Chicken on Bun<br>Popeye Salad w/dressing<br>Corn on the Cob<br>Fresh Apple                                                                          | <b>7</b> Spaghetti w/Meat Sauce<br>Garlic Bread<br>Steamed Carrots<br>Fresh Cauliflower w/ranch<br>Mixed Fruit            |
| <b>10</b> Cheeseburger on Bun<br>Lettuce, Pickles,<br>Mustard & Ketchup<br>BBQ Vegetarian<br>Baked Beans<br>Fresh Cauliflower w/ranch<br>Mixed Fruit | <b>11</b> Chicken Alfredo<br>w/Broccoli<br>Garlic Bread<br>California Blend<br>Fresh Apple                                                     | <b>12</b> ½ Day No Lunch                                                                                                                        | <b>13</b> Chicken Patty<br>w/Cheese on Bun<br>w/mayonnaise<br>Waffle Fries<br>Popeye Salad w/dressing<br>Diced Peaches<br><i>*2nd option Spicy Chicken<br/>Patty on Bun</i> | <b>14</b> Homestyle Salisbury<br>Steak w/gravy<br>Dinner Roll<br>Mashed Potatoes<br>Yellow Squash w/Ranch<br>Fresh Orange |
| <b>17</b> French Bread Pizza<br>w/Marinara<br>Steamed Corn<br>Steamed Edamame<br>Pineapple Tidbits                                                   | <b>18</b> Grilled Cheese Sandwich<br>Chicken Noodle Soup<br>Steamed Broccoli<br>Grape Tomatoes<br>Fresh Orange                                 | <b>19</b> Homestyle Chili<br>w/Shredded Cheese<br>Oyster Crackers<br>Bosco Stick<br>Tossed Salad w/<br>Cucumbers, dressing<br>Fresh Green Apple | <b>20</b> <b>Build Your Own<br/>Thanksgiving Meal<br/>See Options on the<br/>Side*</b>                                                                                      | <b>21</b> Beef Hot Dog on Bun<br>Mustard, Ketchup, Relish<br>Smiley Face Potatoes<br>Baby Carrots w/ranch<br>Sliced Pears |
| <b>24</b> Eggogi Waffles<br>w/Butter and Syrup<br>Egg Omelet w/Cheese<br>Tri Tater<br>Dragon Punch<br>Fresh Orange                                   | <b>25</b> Chicken Tenders<br>w/BBQ Sauce<br>Dinner Roll<br>Baked Wedges<br>Baby Carrots w/ranch<br>Variety Fresh Fruit                         | <b>26</b>                                                                                                                                       | <b>27</b> <b>NO SCHOOL<br/>THANKSGIVING BREAK</b>                                                                                                                           | <b>28</b>                                                                                                                 |

### Served Daily:

Cold 1% White Milk  
Cold Skim White Milk  
Cold 1% Chocolate Milk  
Cold 1% Strawberry Milk

### 2nd Meal Option

Variety of Specialty Salad  
Or Deli Sandwiches

### THANKSGIVING MEAL

\*Sliced Turkey  
w/gravy  
\*Cornbread Stuffing  
\*Cranberry Sauce  
\*Cornbread OR  
Dinner Roll  
\*Mashed Potatoes OR  
Sweet Potatoes  
\*Green Beans OR  
Seasoned Brussel  
Sprouts  
\*Baked Cinnamon  
Apples  
\*Pumpkin Pie OR  
Sweet Potato Pie

### Vegetarian Options:

Variety Salads, Sunbutter  
Jelly Sandwich, Bosco Sticks,  
Grilled Cheese Sandwich